

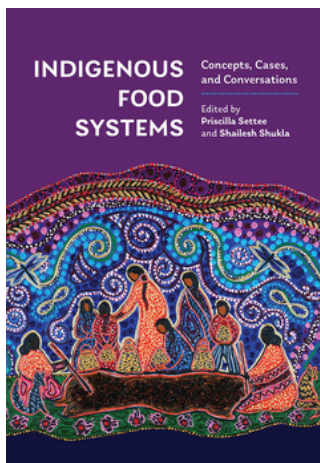


INDIGENOUS WRITERS AND CREATORS: A RESOURCE LIST TO HONOUR NATIONAL DAY FOR TRUTH AND RECONCILIATION

September 30, the National Day for Truth and Reconciliation, recognizes the children who died while attending residential schools, the survivors, families and communities still affected by its legacy, and the ongoing impacts of colonization and systemic inequalities that continue to marginalize Indigenous Peoples in Canada.

The Laurier Centre for Sustainable Food Systems (LCSFS), together with the UNESCO Chair on Food, Biodiversity, and Sustainability Studies, wishes to honour this day by sharing the published works of Indigenous authors, researchers, film makers, podcasters, and other food actors in recognition of the central role that Indigenous voices, experiences and histories play in promoting food sustainability.

Articles and Books



1. Indigenous Food Systems: Concepts, Cases, and Conversations

Priscilla Settee (Swampy Cree) and Shailesh Shukla

This textbook seeks solutions to food insecurity and well-being for current and future Indigenous generations through in-depth case studies and critical conversations with community members.



2. Indigenous Guardians as an Emerging Approach to Indigenous Environmental Governance

Graeme Reed (Anishinaabe, Wiikwemkoong Unceded Territory), Nicolas D. Brunet, Sheri Longboat (Kanyen'kehà:ka, Six Nations of the Grand River), and David C. Natcher

Analyzing peer-reviewed literature on research conducted in Australia, Canada, Aotearoa-New Zealand, and the United States, researchers explore and reflect on whether guardian approaches are representative of Indigenous approaches to environmental governance.



3. Feeding Indigenous People in Canada

Tabitha Robin (Martens) (Cree), Mary Kate Dennis, and Michael Anthony Hart (Fisher River Cree Nation).

This article provides a historical analysis on conditions of hunger experienced by Indigenous peoples in the prairie provinces, and responding hunger and food security interventions from the 1780s to the present.

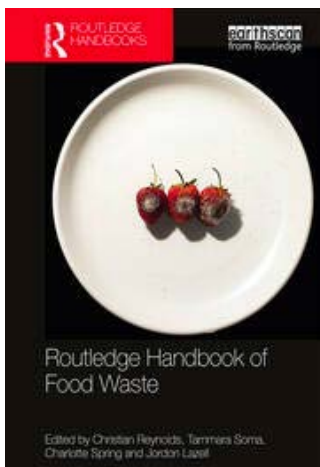


Photo: Unknown author, licensed under CC BY-NC-ND

4. The Evolution of Haudenosaunee Food Guidance

Hannah Tait Neufeld and Adrienne Xavier (Onondoga, Six Nations of the Grand River)

Authors describe the implementation and outcomes of Haudenosaunee community-based programming within southern Ontario while highlighting the negative determinants left behind by colonization and the impact they still have on Indigenous food knowledge and sovereignty practices in Canada.



5. All My Relations

Tammara Soma, Belinda Li, Adrienne Lickers Xavier (Onondoga, Six Nations of the Grand River), Sean Geobey, and Rafaela F. Gutierrez

Through the Indigenous teachings of "All My Relations", authors explain how this paradigm offers a useful approach to food waste prevention and reduction through a portrayal of the lived experience of an Indigenous scholar.



6. Refusal to Forgive: Indigenous Women's Love and Rage

Rachel Flowers (Leeyq'sun)

This article discusses the tendency for Indigenous women's resistance to colonization and solidarity with settler society to be described as love, and how the use of that term suppresses the voices and struggles of Indigenous women.

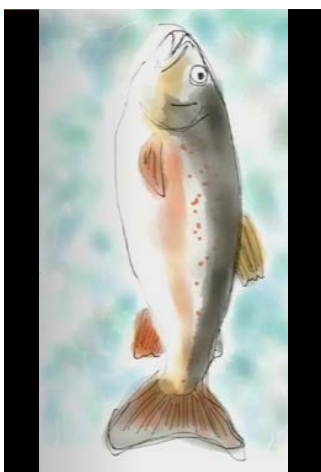
Videos and Films



7. Decolonizing the Land and Food System: Indigenous Resilience in Times of Crisis

Dawn Morrison (Secwepemc), Wilson Mendes (Terena and Guarani-Kaiowá/Mozambican), Alannah Young Leon (Anishnabe Midekway and Nehiy/naw Cree from Treaty one and Treaty five territories), and Angela McIntyre (Cree)

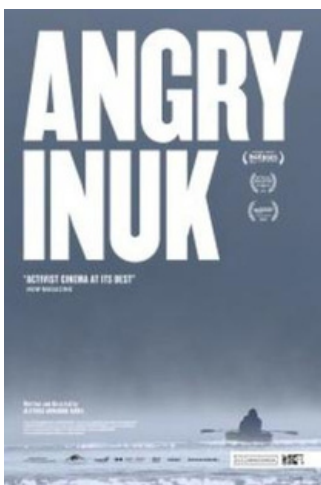
Panelist discuss Indigenous food sovereignty and resiliency during COVID-19, and how decolonizing the land and food system is a critical strategy for putting economies of solidarity into action.



8. Fish Pluralities, Refraction and Decolonization in Amiskwaciwâskahikan

Zoe Todd (Metis, Treaty Six Territory)

Incorporating human-fish relations into conversations about Indigenous-State relations and settler-colonial realities, Zoe examines how we can shift legal-governance relationships in Canada 'beyond-the-human' and acknowledge the principles of reciprocity, kinship and relatedness that are centred in Indigenous legal orders across Canada.



9. Angry Inuk

Alethea Arnaquq-Baril (Inuk)

In this 2016 documentary film, director Alethea Arnaquq-Baril charts the history of the anti-seal movement and the impact protests have had on Inuit communities in Canada. Join Alethea as she travels through the Canadian Arctic, giving voice to the hunters, craftspeople and families that rely on the seal hunt to sustain their livelihoods for survival.

Light Reading



10. Responsibilities and Reflections: Indigenous Food, Culture, and Relationships

Tabitha Robins (Martens) (Cree Ikswe)

This short commentary piece offers insight into how the protection and revitalization of Indigenous food systems must be documented with a commitment to Indigenous values, worldviews and perspectives.



11. We Desperately Need to be Talking About Food Sovereignty

Emilee Gilpin (Métis), featuring Dawn Morrison (Secwepemíc)

This 2020 National Observer news article reflects on the importance of food sovereignty. According to Morrison, the global food systems today ignore Indigenous economies, cultures, hunting, fishing, farming, gathering practices, narratives and the ways in which Indigenous Peoples have subsisted for thousands of years.



12. Field Notes From RAIR: Putting Relational Accountability Into Practice

Danielle Boissoneau (Anishinaabe), Terran Giacomini, Ayla Fenton, Lauren Kepkiewicz, Adrienne Lickers Xavier (Onondaga), Sarah Rotz

Indigenous and settler academics explore what research based in relational accountability looks like and the challenges of navigating a complex relationship with academia.

Creative and Visual Projects



Photo: Center for Humans and Nature

16. Speculative Fish-ctions (Dr. Zoe Todd)

Zoe Todd (Metis, Treaty Six Territory)

This project documents the ongoing series of digital and pen-and-ink fishing drawings featured in the fish philosophy scholarship of Zoe Todd.



17. Body: An Acknowledgment

Quill Christie-Peters' (Anishinaabe)

Featured in "Sovereignty" (2020), an all-Indigenous digital issue by editors Ossie Michelin (Inuk) and Adrienne Huard (Anishinaabe, registered member of Couchiching First Nation), "Body: An Acknowledgment" captures Quill's use of Anishinaabe artistic methods.



18. Ruby Bruce's Illustrations of Indigenous Food Culture Spark Nostalgia and Connection

Michaella Montana (Frog Lake First Nation), featuring Ruby Bruce (Anishinaabe and Red River Métis)

Ruby's work highlights the complexity around non-traditional cultural foods for Indigenous peoples in relation to colonialism, poverty, and ongoing health concerns, as well as the nostalgia, cultural and community connections, and stories of survival.

References

1. Settee, P., & Shukla, S. (2020). Indigenous Food Systems: Concepts, Cases, and Conversations. *Canadian Scholars*.
2. Reed, G., Brunet, N. D., Longboat, S., & Natcher, D. C. (2021). Indigenous guardians as an emerging approach to indigenous environmental governance. *Conservation biology: the journal of the Society for Conservation Biology*, 35(1), 179–189. <https://doi.org/10.1111/cobi.13532>.
3. (Martens), T. R., Dennis, M. K., & Hart, M. A. (2022). Feeding Indigenous people in Canada. *International Social Work*, 65(4), 652–662. <https://doi-org.libproxy.wlu.ca/10.1177/0020872820916218>.
4. Tait Neufeld, H., & Xavier, A. (2022). The evolution of Haudenosaunee food guidance: Building capacity toward the sustainability of local environments in the community of Six Nations of the Grand River. *Canadian Food Studies La Revue Canadienne Des études Sur l'alimentation*, 9(1). <https://doi.org/10.15353/cfs-rcea.v9i1.502>.
5. Soma, T., Li, B., Xavier, A. L., Geobey, S., & Gutierrez, R. F. (2020). All My Relations: Applying social innovation and Indigenous methodology to challenge the paradigm of food waste. In *Routledge Handbook of Food Waste* (1st ed., pp. 311–325). Earthscan. <https://doi.org/10.4324/9780429462795-24>.
6. Flowers, R. (2015). Refusal to forgive: Indigenous women's love and rage. *Decolonization: Indigeneity, Education & Society*, 4 (2), 32–49. <https://jps.library.utoronto.ca/index.php/des/article/view/22829/19320>.
7. Morrison, D., Mendes, W., Young-Leon, A., & McIntyre, A. (2020). *UBC Faculty of Land and Food Systems*. <https://www.youtube.com/watch?v=S2oPEVqOou8&t=2293s>.
8. UofTDaniels. (2016). *Fish pluralities, refraction and decolonization in amiskwaciwâskahikan" with Zoe Todd*. [Video]. Youtube. <https://www.youtube.com/watch?v=tO-WvCQ3PJU>.
9. Arnaquq-Baril, A (Director). (2016). *Angry Inuk* [film]. ONF/NFB, EyeSteelFilm.
10. Martens, T. R. (2018). Responsibilities and reflections: Indigenous food, culture, and relationships. *Canadian Food Studies La Revue Canadienne Des études Sur l'alimentation*, 5(2), 9–12. <https://doi.org/10.15353/cfs-rcea.v5i2.216>.
11. Gilpin, E. (2020). We Desperately Need to be Talking About Food Sovereignty. *National Observer*. <https://www.nationalobserver.com/2020/06/09/features/we-desperately-need-be-talking-about-food-sovereignty>.
12. Kepkiewicz, L. W., Boissoneau, D., Giacomini, T., Fenton, A., Lickers Xavier, A., & Rotz, S. (2023). Field Notes from RAIR: Putting Relational Accountability into Practice. *Canadian Food Studies La Revue Canadienne Des études Sur l'alimentation*, 10(1), 13–21. <https://doi.org/10.15353/cfs-rcea.v10i1.565>.
13. Stern, S., Trujillo, O., & Neuner-Weinstein, S. [Hosts]. We Heal Together: Our Land, Our Bodies with Dr. Nicole Redvers (no. 3). [Audio podcast]. *Indigenae Podcast*. <https://indigenaepodcast.buzzsprout.com/1861972/9350619>.
14. Hamilton, W. [Host]. Tasting Freedom [Audio podcast]. *CBC Radio One*. <https://www.cbc.ca/radiointeractives/docproject/residential-school-riot>.
15. Lickers-Xavier, A., & Boissoneau, D. [Hosts]. Bringing Seed Ancestors Home With Tiffany Traverse (no. 8). [Audio podcast]. *RAIR Digital Dialogues*. <https://sarahrotz.com/2022/03/15/rair-digital-dialogues-podcast-out-now/>.
16. Todd, Z. (2023). Fish Art. *Speculative fish-ctions (Dr. Zoe Todd)*. <https://zoestodd.com/fish-art/>.
17. Christie-Peters, Q. (2020). Body: An Acknowledgement. *Canadian Art*. <https://canadianart.ca/features/body-an-acknowledgement/>.
18. Montana, M. (2023). Ruby Bruce's illustrations of Indigenous food culture spark nostalgia and connection. *CBC*. <https://www.cbc.ca/life/food/ruby-bruce-illustrations-of-indigenous-food-culture-spark-nostalgia-connection-1.6903738>.